



THE YOGA THERAPY CONFERENCE 2019

This program and the content is alive, not static.

It will merge into the energy and questions of the event itself.

What we love, is simply connect with each other. Make sure you [book your tickets](#) in time: from November 14th.

<u>TIME</u>	<u>THE YOGA THERAPY CONFERENCE DAY 1</u>	<u>MAY 10, 2019</u>
08.30 AM	<i>Doors Open</i>	<i>Let's Connect</i>
09.30 - 09.45 AM	<i>Mantra Meditation</i>	<i>Anneke Sips (NL)</i>
09.45 - 10.00 AM	<i>Welcome and Let's Connect</i>	<i>Anneke Sips and Salmaan Sana (NL)</i>
10.00 - 11.00 AM	<i>Poly-vagal Theory in Human Connection</i>	<i>Keynote: dr. Stephan Porges (USA)</i>
11.00 - 11.20 AM	<i>Poly-vagal Theory Q&A</i>	<i>dr. Stephan Porges (USA) and Marlysa Sullivan (USA)</i>
11.20 - 11.40 AM	<i>Short Break</i>	<i>Let's Connect</i>
11.40 - 12.40 PM	<i>Poly-vagal Theory and the Gunas</i>	<i>Lecture: Marlysa Sullivan (USA)</i>
12.40 - 12.50 PM	<i>Title Announced Soon</i>	<i>to be announced</i>
12.50 - 14.20 PM	<i>Lunch</i>	<i>Let's Connect</i>
14.20 - 15.10 PM	<i>Title Announced Soon</i>	<i>Leigh Blashki (AUS)</i>
15.10 - 15.30 PM	<i>Title Announced Soon</i>	<i>Inspirational Talk</i>
15.30 - 15.50 PM	<i>Short Break</i>	<i>Let's Connect</i>
15.50 - 16.00 PM	<i>The Future of Care is Conscious</i>	<i>Intro</i>
16.00 - 16.45 PM	<i>The Future of Care is Conscious (and the role of yoga)</i>	<i>Circle Discussion with amazing guests... announced soon!</i>
16.45 - 17.00 PM	<i>Closing Circle</i>	<i>Salmaan Sana (NL) and Anneke Sips (NL)</i>

More names and presentations will be added all the time. You like to [stay updated?](#)



TIME

THE YOGA THERAPY CONFERENCE DAY 2 MAY 11, 2019

08.30 AM	<i>Doors Open</i>	<i>Let's Connect</i>
09.30 - 09.45 AM	<i>Mantra Meditation</i>	<i>To be announced</i>
09.45 - 10.00 AM	<i>The future of Human Connection in Yoga Therapy</i>	<i>Opening lecture</i>
10.00 - 11.00 AM	<i>Oxytocin in Human Connection</i>	<i>Keynote: dr. Sue Carter (USA)</i>
11.00 - 11.30 AM	<i>Oxytocin, Human Connection and Yoga Therapy: Q&A and case study</i>	<i>dr. Sue Carter , Lisa Kaley Isley (UK) and guest</i>
11.30 - 11.50 AM	<i>Short Break</i>	<i>Let's Connect</i>
11.50 - 12.50 PM	<i>Personalized Practice: do we still need Human Connection?</i>	<i>dr. Ganesh Mohan (SGP)</i>
12.50 - 14.20 PM	<i>Lunch</i>	<i>Let's Connect</i>
14.20 - 14.30 PM	<i>Connecting Activity</i>	<i>to be announced</i>
14.30 - 15.45 PM	<i>Assessment in Yoga Therapy</i>	<i>Conversation between global colleagues + interactive role play</i>
15.30 - 15.50 PM	<i>Short Break</i>	<i>Let's Connect</i>
15.50 - 16.00 PM	<i>The Future of Yoga Therapy</i>	<i>What the IAYT say</i>
16.00 - 16.45 PM	<i>Title Announced Soon</i>	<i>to be announced</i>
16.45 - 17.00 PM	<i>Closing Circle</i>	<i>And... hop into the future!</i>

**Stay after five, for a drink and a chat.
Also, make sure you check the Therapeutic Yoga Classes**



TIME THE CONSCIOUS SUPPER MAY 9, 2019

6 PM *Doors Open*

6.30 PM *Open Circle*

7 PM - 8.30 PM *Dinner with Global Conscious Friends*

8.30 PM - 9 PM *Global Meditation Live*

Book your Supper together with your 2-day Conference Pass.

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More info: www.theyogatherapyconference.com and [FB event](#).